

Allergènes*

Moutarde

Arachides
Noix
Graines

Œufs

Produits laitiers

Soya

Poisson
Crustacés
Mollusques

Blé & autres
sources de gluten

Graines de
sésame

Sulfites

GMS/MSG
(glutamate
monosodique)

INGRÉDIENTS

Pain hot-dog					X		X	(X)		
Pain hamburger					X		X	(X)		
Rosbif	(X)									
Bœuf haché	(X)			(X)	(X)		(X)			
Poulet										
Viande à Dulton® / Pain à la viande	X									
Saucisses hot-dog et spéciales	X			X	X		X			
Bacon	(X)			(X)	(X)		(X)			
Fromage tranché blanc				X	X					
Fromage cheddar tranché jaune				X	X					
Frites									X	
Sauce brune					X		X		X	X
Sauce poutine BBQ	X				X		X	(X)	X	X
Sauce piquante à poutine	X				X	X	X		X	X
Fromage en grains				X						
Pois verts										
Sauce piquante pure (froide)	X				X	X			X	
Sauce burger	X		X						X	
Sauce BBQ	X				X	X			X	
Ketchup										
Mayonnaise			X							
Moutarde	X									
Relish										
Laitue										
Tomate										
Oignon										
Mélange expo (piments, tomates, oignons cuits)	(X)			(X)	(X)		(X)			
Chou										
Mélange sel et poivre										
Oignons cuits	(X)			(X)	(X)		(X)			
Huile canola (chou)										
Sac de fromage en grains				X						
Oignons croustillants							X			
Bacon pour Rosbif-Bacon-Chipotle										
Rosbif émiétté	X									
Sauce chipotle	X		X	X						
Moutarde au miel	X		X							
Smoked meat										
Cornichons										
Mélange pour lait frappé				X						
Cerises à cocktail au marasquin									X	
Chapelure Oreo					X		X			
Coulis au chocolat									X	
Crème fouettée				X						

MENU MINI

Biscuits au chocolat			X	X	(X)		X			
Grillé au fromage avec bacon	(X)			X	X		X	(X)	X	
Bébé poutine				X	X		X		X	X
Saucisses grillées	X			X	X		X		X	

BREUVAGES

Jus fraise-kiwi / ananas-mangue										
Jus de pêche									X	
Jus de pomme										
Thé glacé / Montain Dew / Orange Crush										
Pepsi / Pepsi diet / 7 up / Racinette										

FRITES ET POUTINES

Frites									X	
Frites sauce					X		X		X	X

Poutine				X	X		X		X	X
Dulton®	X			X	X		X		X	X
Galvaude®					X		X		X	X
Galvaude® avec fromage				X	X		X		X	X
Sauce piquante à poutine	X				X	X	X		X	X
Saucisses grillées	X			X	X		X			
Rosbif-Bacon-Chipotle	X		X	X	X		X	(X)	X	X
Poutine Smoked Meat	X		X	X	X		(X)	(X)	X	X
Huile canola (cuisson unique)										

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SANDWICHS ROSBIF

Super rosbif	X		X	X	X		X	(X)	X	
Rosbif Deluxe	(X)			X	X		X	(X)		
Rosbif piquant	X			X	X	X	X	(X)	X	
Rosbif fromage	(X)			X	X		X	(X)		
Rosbif nature	(X)				X		X	(X)		

ASSIETTES EN SAUCE

Assiette rosbif	(X)				X		X	(X)	X	X
Assiette Deluxe	(X)			X	X		X	(X)	X	X
Hamburger chaud	(X)			(X)	X		X	(X)	X	X
Assiette expo	(X)			X	X		X	(X)	X	X
Assiette steak haché	(X)			(X)	X		X		X	X
Assiette saucisses (servie sans sauce)	X			X	X		X		X	
Fromage en grains				X						

BURGERS

Burger Ashton avec fromage	X		X	X	X		X	(X)	X	
Burger Ashton sans fromage	X		X	(X)	X		X	(X)	X	
Burger piquant	X			X	X	X	X	(X)	X	
Expo burger	(X)			X	X		X	(X)		
Hamburger	(X)			(X)	X		X	(X)		
Hamburger avec fromage	(X)			X	X		X	(X)		
Burger Bacon sauce BBQ	X			X	X	X	X	(X)	X	

HOT-DOGS

Hot-dog nature	X			X	X		X	(X)		
Hot-dog piquant	X			X	X	X	X	(X)	X	
Hot-dog expo	X			X	X		X	(X)		
Hot-dog du Lac	X		X	X	X		X	(X)	X	
Pain à la viande	X				X		X	(X)		
Pain à la viande piquant	X				X	X	X	(X)	X	

POULET ET SALADES

Club Ashton	(X)		X	(X)	X		X	(X)		
Guédille au poulet			X		X		X	(X)		
Sandwich LTM AVEC bacon	(X)		X	(X)	X		X	(X)		
Sandwich LTM SANS bacon			X		X		X	(X)		
Salade Ashton				X						
Salade au poulet				X						
Salade verte										

VINAIGRETTES

Italienne	VOIR SUR L'EMBALLAGE									
Française										
Balsamique										
Sauce maison	X		X						X	

DESSERTS

Lait frappé à la vanille				X	(X)		(X)		(X)	
Lait frappé au chocolat				X	(X)		(X)		X	
Lait frappé aux OREOS				X	X		X		(X)	
Lait frappé à la vanille (crème fouettée et cerise)				X	(X)		(X)		X	
Lait frappé au chocolat (crème fouettée et cerise)				X	(X)		(X)		X	
Lait frappé aux OREOS (crème fouettée et cerise)				X	X		X		X	

ALLERGENS*

Mustard

Peanuts
Nuts
Seeds

Eggs

Dairy products

Soy

Fish
Crustaceans
Molluscs

Wheat & Triticale

Sesame seeds

Sulphites

MSG
(monosodium
glutamate)

INGREDIENTS

Hot dog bun					X		X	(X)		
Hamburger bun					X		X	(X)		
Roast beef	(X)									
Ground beef	(X)			(X)	(X)		(X)			
Chicken										
Dulton® Meat sauce/Meat filling	X									
Wieners	X			X	X		X			
Bacon	(X)			(X)	(X)		(X)			
Process swiss slice				X	X					
Cheddar slice				X	X					
Fries									X	
Poutine sauce					X		X		X	X
Poutine BBQ sauce	X				X		X	(X)	X	X
Poutine hot sauce	X				X	X	X		X	X
Cheese curds				X						
Peas										
Homemade hot sauce (served cold)	X				X	X			X	
Burger sauce (Homemade mayonnaise sauce)	X		X						X	
BBQ sauce	X				X	X			X	
Ketchup										
Mayonnaise			X							
Mustard	X									
Relish										
Lettuce										
Tomato										
Onion										
Expo mix/Grilled vegetable (green peppers, tomatos, onions)	(X)			(X)	(X)		(X)			
Cabbage										
Salt & pepper mix										
Grilled onions	(X)			(X)	(X)		(X)			
Canola oil (cabbage)										
200g cheese curds				X						
Crispy oignons							X			
Bacon of our Roastbeef, Bacon and Chipotle Poutine										
Crumbled Roastbeef	X									
Chipotle sauce	X		X	X						
Honey and mustard sauce	X		X							
Smoked meat										
Dill Pickles										
Ice Milk Mix				X						
Maraschino cocktail cherries									X	
Oreo small crunch					X		X			
Coulis choco									X	
Whipped cream				X						

KID MEALS

Chocolate cookies			X	X	(X)		X			
Grillé au fromage/Grilled cheese sandwich with bacon	(X)			X	X		X	(X)	X	
Bébé poutine				X	X		X		X	X
Saucisses grillées/Pieces of grilled wieners	X			X	X		X		X	

BEVERAGES

Strawberry-kiwi / pineapple-mango juice										
Peach juice									X	
Apple juice										
Ice tea / Montain Dew / Orange Crush										
Pepsi / Diet Pepsi / 7 up / Root Beer										

FRIES & POUTINES

Fries									X	
Frite sauce/Fries with poutine sauce					X		X		X	X
Poutine				X	X		X		X	X

Dulton®/Poutine with Dulton® meat sauce	X			X	X		X		X	X
Galvaude®/Fries, diced chicken, peas, poutine sauce					X		X		X	X
Galvaude® avec fromage/ With cheese curds				X	X		X		X	X
Sauce piquante à poutine/Poutine hot sauce	X				X	X	X		X	X
Pieces of grilled wieners	X			X	X		X			
Roastbeef, Bacon and Chipotle Poutine	X		X	X	X		X	(X)	X	
Smoked Meat Poutine	X		X	X	X		(X)	(X)	X	X
Canola oil										

ALLERGENS*	Mustard	Peanuts Nuts Seeds	Eggs	Dairy products	Soy	Fish Crustaceans Molluscs	Wheat & Triticale	Sesame seeds	Sulphites	MSG (monosodium glutamate)
ROAST BEEF SANDWICHES										
Super rosibif/With homemade mayonnaise sauce and fresh vegetables	X		X	X	X		X	(X)	X	
Rosibif Deluxe/With grilled vegetables	(X)			X	X		X	(X)		
Rosibif piquant/With homemade hot sauce and fresh vegetables	X			X	X	X	X	(X)	X	
Rosibif fromage/Roastbeef and process swiss slice	(X)			X	X		X	(X)		
Rosibif nature/Plain	(X)				X		X	(X)		

COMPLETE PLATES WITH POUTINE SAUCE										
Assiette rosibif/Roast beef plain	(X)				X		X	(X)	X	X
Assiette Deluxe/Roastbeef, process swiss slice, grilled vegetables	(X)			X	X		X	(X)	X	X
Hamburger chaud/Hot hamburger	(X)			(X)	X		X	(X)	X	X
Assiette expo/Ground beef, cheddar slice, grilled vegetables	(X)			X	X		X	(X)	X	X
Assiette steak haché/Ground beef, grilled onions	(X)			(X)	X		X		X	X
Assiette saucisses/Pieces of grilled wieners (without poutine sauce)	X			X	X		X		X	
Fromage en grains/Cheese curds				X						

BURGERS										
Burger Ashton/Our mayo sauce, fresh vegetables, cheddar slice	X		X	X	X		X	(X)	X	
Burger Ashton without cheddar slice	X		X	(X)	X		X	(X)	X	
Burger piquant/Our hot sauce, fresh vegetables, process swiss slice	X			X	X	X	X	(X)	X	
Expo burger/Cheeseburger, grilled vegetables	(X)			X	X		X	(X)		
Hamburger nature/Plain	(X)			(X)	X		X	(X)		
Cheeseburger nature/Plain	(X)			X	X		X	(X)		
Burger Bacon sauce BBQ/Cheeseburger, bacon, our BBQ sauce	X			X	X	X	X	(X)	X	

HOT DOGS										
Hot-dog nature /Plain	X			X	X		X	(X)		
Hot-dog piquant/Homemade hot sauce, process swiss slice	X			X	X	X	X	(X)	X	
Hot-dog expo/Cheddar slice, grilled vegetables	X			X	X		X	(X)		
Hot-dog du Lac/Mayo, thinly sliced cabbage, fries	X		X	X	X		X	(X)	X	
Pain à la viande/Meat filling, onion and ketchup	X				X		X	(X)		
Pain à la viande piquant/Meat filling, onion and our hot sauce	X				X	X	X	(X)	X	

CHICKEN AND SALADS										
Club Ashton/Diced chicken, mayo, bacon, fresh vegetable	(X)		X	(X)	X		X	(X)		
Guedille au poulet/Diced chicken, mayonnaise, fresh vegetable			X		X		X	(X)		
Sandwich LTM WITH bacon/Mayo, lettuce, tomatoes	(X)		X	(X)	X		X	(X)		
Sandwich LTM WITHOUT bacon			X		X		X	(X)		
Salade Ashton/Garden salad and cheese curds				X						
Salade au poulet/Garden salad, diced chicken and cheese curds				X						
Salade verte /Garden salad										

DRESSING										
Italienne/Italian										

Française/French	SEE ON LABEL									
Balsamique/Balsamic	SEE ON LABEL									
Sauce maison/ <i>Homemade mayonnaise sauce</i>	X			X						X

DESSERTS										
Vanilla Milk Shake				X	(X)		(X)			(X)
Chocolate Milk Shake				X	(X)		(X)			X
OREOS Milk Shake				X	X		X			(X)
Vanille Milk Shake (whipped cream and cherry)				X	(X)		(X)			X
Chocolate Milk Shake (whipped cream and cherry)				X	(X)		(X)			X
OREOS Milk Shake (whipped cream and cherry)				X	X		X			X